



I wrote my book on Aged Urine, the first ever exclusively devoted to this subject, in Jan 2019. It sold well and continues too today. I hope too write many more Aged urine books after this sequel in the future too, as new science comes in, we undo the programming and everyone's starts doing it (trust, in generations this practice will be completely normal!)

Aged Urine And Parasites

We all have them and this fact is undeniable. Some good , some bad. Most of us, the unhealthy have far too many, so one really powerful time and tested way to plug deep and remove the parasites hiding away in the small intestine and all over your body really is getting Aged urine into your system. Parasites are just like heavy metals and other toxic elements, they hold a strong positive charge. Anything that shouldn't be in your body and lowering your vibration like a parasite is positively charged.

We now know that aged urine is uber super structured water with a *very strong negative charge, a strong powerful magnet* that when confronted with a strongly charged positive ion parasite (they are really hard to get rid of with their strong magnetism) the aged urine washes them away and out of your system through the skin (aged urine massaging and yes, I've hears many a story of this!) or through the colon (aged urine enema's). Again I've heard many stories (myself included) of doing aged urine enemas and seeing parasite come out in the toilet, like tapeworms, round-worms large and small ones of funny colours.

We are all infested with parasites to a varying degree, and they control our mood and vibrations. Have you ever felt 'hangry'? What is that? I mean you wont starve if you

don't eat something every few hours. More often than not 'hangry' is the parasites inside you controlling your desire to eat and making you angry, to ensure you eat and ensure their survival.

3 powerful medicines that parasites actually hate. Dry fasting and Aged Urine and Turpentine!

Its not even the unhealthy generally that pull out parasite from deep within though. I've been part of the facbook urine therapy groups for 3 years now and some of the stories (and pictures!) Of parasites coming out the toilet after aged urine enemas is incredible. These parasites have been living in our gut hidden away there for many years and decades, some even stem back from childhood. *A pro-tip and one of the fastest ways to get them out is to do an aged urine enema in the dry fasted state, when you haven't eaten or drunk anything in a while, from 24 hours plus.*

Each parasite cleanse with aged urine removes blockages and vibration holds that stopped you accessing your best self. Each cleanse removes their control and power as they die off and realize the aged urine is too powerful. Its disgustingly beautiful lol.

Through the skin too. When we do the aged urine massaging its common to get a detox reaction of spot breakout on

the surfaces of where we applied the aged, this is normal and very powerful, better they be out than in and cause diseases down the line. (that's how diseases work btw. Toxicity buried deeper and deeper within never given the opportunity to come out until a tipping point is reached where the body can no longer have the space to store the toxins and you get 'symptoms'. For me personally I know when parasites are coming out after I've massaged aged urine over my gut as my bum starts getting itchy and these are often very small microscopic ones the naked eye cant see even.

Along with spot breakouts with the aged urine massaging sometimes people report parasites coming out of the skin. Itchiness and then this thing. Seeing is believing in this case, watch and observe, the body never lies!

Pro-Tip- For ultimate parasite cleanse do aged urine enemas regularly plus aged urine massaging over gut daily.

AGED URINE



CLEAN COLON

Aged Urine And Cancer

We know that fresh urine contains at least 7 anti cancer elements which include *HUD, H11 extract, Retine, Anti-neoplastons, Uric acid, Hydrogen Peroxide* but there will be many more discovered in the near future as we know our blood and body is always working for us and always fighting off cancer every single second and hour of every single day. Add high doses of negative ions and smaller clusters of Aged Urine combined with uber super structured water and hormones like *melatonin*(anti cancer hormone) you've got in Aged Urine one of the most potent anti cancer remedies on earth, all at your beck and call.

If you get specific cancers you can wisely target those organs areas with aged urine massaging as well as aged urine enemas and aged urine drinking, under the tongue, aged urine pulling etc. With diseases and cancers you want to go *all out* to fight it off give yourself the best possible chance disease free and aged urine will give you that chance so up the amounts of aged urine you use plus combine it with dry fasting . (Breaking dry fasts with aged urine protocols are the best!)

Aged Urine Darkens Your Skin

Wow cool, what does this mean? Is it a good thing or a bad thing. Well im with 20th century Legend Arnold Ehret on this one. When your skin gets darker (your version of darker) you are getting healthier and healthier and if your skin is getting paler you are getting weaker and sicker. This was one of the smartest observations ever made in my opinion.

Think what happens when you out and expose your skin to midday summer sun. You get a tan. A skin tan. A healthy glow. Your skin darkens for your protection and this darkened skin (your version) is a true indicator your getting healthier. But also when we drink aged urine, and especially when we massaged aged urine into skin, your skin darkens and bronzes most beautifully!

This darkened skin now indicates true health and that we are removing copious amounts of harmful excess mucus from the system, as Arnold Ehret stated and I am with him on this. *I love aged urine massaging and its ability to give you a natural tan*, its ultimate sun screen protection too to the 'harmful' uv b rays of a midday sun or any sun if you live in the tropics.

Aged Urine Massaging is the best suncream protection you will ever need atop the fact it makes your skin glow.

Think of people who go pale with shock or sun burn at the beach on holiday, go a pasty red colour like a lobster. This paleness of skin, and burning when confronted with the sun, indicates a truly unhealthy individual who is full of toxins and mucus, who will reap what they sow with ill health and maybe even early onset death. You cant be too careful these days. *Start today, with Aged Urine therapy!*

Aged Urine Warms The Body Up And Increases Circulation

As a result of getting aged urine into your system (any hole will do!) Your body warms up in an instant, its crazy to watch and experience this! Coldness internally is a poor circulation issue, in the same way those with diabetic neuropathy have coldness in the extremities due to poor circulation, and this sign of ill health can be remedied

so easily with *Aged Urine Therapy*. The blood vessels start dilating and relaxing, blood flow to all parts of the body increase as soon as the aged stuff hits the circulatory system.. More oxygen is retained in the haemoglobin, which now travel single file with their strong negative charges and the blood thins out. This single file red blood cell strong negative charge aged urine action means the red blood cells can get into the tiniest and flimsiest of capillaries straight into the cell. Its the fine capillary networks that connect us to the cells for our cellular nutrition and waste extraction and sticky red blood cells cause blockages in the capillaries so cell extraction and nutrition becomes impossible.

Aged Urine Thins Your Blood

Thick lumpy blood is the cause of many a problem in your body when ideally we should all be healthy and have our blood flowing around us like a smooth fine wine, extremely viscous. We already know aged urine is that smooth fine extremely viscous substance, so upon entry it goes to work thinning your existing blood out and delivering its magnetism to the waters and all the cells in your body.

Sticky thick blood leads to heart attacks, strokes, arthritis and you name it all the diseases under the sun so when you make your blood thin and smooth flowing, no blockages can present themselves, and the negative charge power

magnet of the age goes to work pulling out all the toxic crap (positive charges) within my system.

*Thin Smooth Flowing Blood for the win, thank you Aged Urine!
Aged Urine Massaging For Women. Look 10 Years Younger..*

Not even kidding. The fresh urine you produce and capture already has 2.5 % urea, which is a top world class moisturizing agent used in the best anti skin ageing products, but when the urine ages, its uber super structuring effect and increased smoothness and viscosity allows for it to make skin glow and shimmy like you just couldn't imagine.

This experiment is easy to try. Store your fresh urine in a plastic or glass spray bottle let it sit and age for a couple of weeks then spray on your face. Watch as you de-age yourself. Your face will appear much younger and well bronzed too, this is the power of aged urine massaging it in.

*Aged Urine Massaging is one of the top ways to get aged urine into your system, not to mention fine looking dope ass skin.
De-age yourself today, with Aged Urine.*

URINE
BODY
MASSAGE.

Beauty is only skin deep they say. Well Aged Urine massaging is the way! Its the secret of the supermodels their youth and dope ass skin. Urine therapy and particularly Aged Urine Massaging. What women wouldn't want to look twenty years young at 30! To maintain that youthful glow and attractiveness long past when they should! Welcome initiates, start with aged urine massaging today!

Aged Urine Massaging feels like the perfect pee coat protection, and holds you to your highest state of vibration, less easily triggered, more the real you, impervious to any situation.

Aged Urine And Quality And Quantity Of Life

Aged urine protocols regularly committed too will affect both. You wont be seeing the inside of a doctors office or a hospital anytime soon if at all, the quality of your health and happiness will improve, and most probably u'll give live alot longer than if you hadnt discovered and used this powerful medicine. *You are blessed indeed my friend.* Imagine too the mind-set and belief that using Aged Urine Therapy will give you. That you are all powerful. That your body has its own self healing mechanism. That you have free potently powerful free medicine.

Aged Urine Drinking And Firewater

When you drink your Aged urine as we recommend, you'll notice a heavy kick and you won't be able to drink too much all in one go. We call it the firewater. Continue sipping it in small amounts this firewater is not harming you (aged urine never does!). My theory as to why it has such kick to drink is that there is a proliferation of hydrogen peroxide in your ageing urine. Why? Because of our cooked foods and wrong eating, the fresh urine produces white blood cells to combat. A by-product of the white blood cells fighting with the foods we ate is hydrogen peroxide. So in fresh urine the white blood cells and hydrogen peroxide are in small amounts but as the urine ages the white blood cells proliferate in number to deal with the cooked dead food we gave them and create more and more hydrogen peroxide (H₂O₂). Its the growing amount of hydrogen peroxide I feel that makes aged urine the firewater. This is not a problem. Hydrogen peroxide is good for you and safe in the aged urine. Please drink it.

Another proof to me of my proliferating white blood cell/hydrogen peroxide theory is the fact when you eat pure fruits for example or fast, those aged urines captured have no kick, no firewater is created at all. They are easier to drink. This would be because the white blood cells do not recognize the fruits as a poison and they didn't proliferate and need to generate hydrogen peroxide as their by-product. Its a fascinating thing to think about and I hope we can

prove my theory correct in the near future. We know also uv light and blue sunlight (midday suns) triggers increased white blood cell count and more hydrogen peroxide, could this be one reason why aged urine ages quicker with solarisation?

For now note that your aged urine contains high amounts of hydrogen peroxide, which is a healthy protocol to do in and of itself, so aged urine is like hydrogen peroxide therapy plus more some!

Aged Urine And Pro-Biotics

As well as being ultimate supplement drink, aged urine is very special as the ageing process proliferates all the beneficial bacteria which when reingested populate your gut microbiome with a huge amount of beneficial good bacteria. The aged urine as it ages each passing day increases its amount of these probiotics which feed the good bacteria and make more of them wow!

Nowadays pro-biotic supplements and pro-biotic drinks are getting hugely popular as science catches up to the mechanisms of its power to heal the body and gut. It all makes sense! And as Hippocrates the father on modern medicine once said "*all diseases begin in the gut*". The gut is like your second brain and when you heal all kinds of magic happens

and diseases clear away. The organs of the body start firing optimally its beautiful to watch and witness. To feel alive inside your body. Aged urine's pro-biotic factor feeds and multiplies the good bacteria whilst its uber super structuring high negative ion strong magnetic effect eliminate more and more of the parasites and harmful bad bacteria. Bad bacteria in the gut also cause depression, anxiety and low mood. By getting aged urine into the gut you tackle this problem head on. I cant think of anything more amazing right now, no other medicine quite like the aged urine.

Aged Urine And Magnetism

Our health relies upon strong magnetism. For we human beings are magnetic and electric. The negative ions are electric and re-supply your body with tremendous electricity for every cell to work properly, and this uber super structuring effect of aged urine leaves it as mentioned earlier with a *very strong negative charge*, it becomes a very powerful magnet. The magnetism of aged urine is off the charts and leaves it liable to pull toxins, heavy metals and parasites from deep within your system. Remember, *Aged Urine is extremely magnetic and electric*. When your body vessell loses its magnetism and electric power, diseases can creep into the poison environment and overwhelm you.

Aged Urine and Breathwork

Breath work is such a huge facet of the high vibe life and optimal health, slowing the breath down, but here's the thing. Drinking Aged Urine or getting it into your bloodstream any other way really (under the tongue, massaging into skin, enema's) is the breath work. It causes a profound shift in consciousness and slows the breath down major in an instant which lasts for up to 24 hours. Therefore getting aged urine is your breath work. And slowing the breath down is the key to optimal health, vitality, energy and living a long time free of diseases and other encumbrances.

You can of course do breath work daily on top of aged urine protocols as I do to optimize but make sure *Aged Urine is your foundational daily health protocol go to for the most powerful as your daily priorities .*

Aged Urine And Your Metabolism

Metabolic rate /metabolism means quite simply the rate at which you consume oxygen. Those who are unhealthy and diseased state have a high *resting* metabolic rate, and are consuming a lot of oxygen just to stay alive. In fact the high resting metabolism is what's causing their ill health! But what Aged Urine does is pretty special. It supplies your entire vessel with more oxygen , makes the tissues alkaline, so they can now hold on to more oxygen, and *lowers your metabolic rate.*

Aged Urine increases your oxygen capacity and use /assimilation of oxygen drastically such that your resting metabolic function is now much less, your body's requirements of oxygen go down, less is more, and you thrive with abundant energy supplies.

Key takeaway: The Lower your metabolic rate the longer you will live and the healthier/energetic you will be, and Aged Urine slows the breath down and does just that, it lowers metabolic function. A huge ant-ageing weapon.

Other Ways Not Mentioned In First Book To Get Aged Urine Into Your System.

Big one. Vaping. Vaporisation of the Aged Urine. Go on amazon buy a cheap Vaporization machine (mine cost £40 and had tonnes of good reviews) and start vaping the urine today! This is one of the most powerful ways to get the Aged in. It turns the liquid Aged into a gaseous element which is then breathed into lungs, where it becomes a highly penetrating weapon of health clearing out the finest elements of toxic substances in your lungs and also clearing out the mucus from the key breathing areas super fast. It shocked me when I did, how much better I breathed after vaping aged urine and breathing it in in gas form wow! And you use do little urine too. Only a few drops produces a helleva lot of gaseous aged for vaping!

If you have COPD, Asthma, or any breathing diseases or difficulties, maintain a good Aged urine protocol , but focusing especially on vaping aged urine will be most beneficial and give you the fastest results. Whenever we mess about with aged urine the results are tremendous! Also vaporizing the urine uses very little of it, it makes it most efficient, a bit like Aged Urine Massaging.

Another really good one is taking Aged Urine baths, pouring what Aged Urine you have saved away there in your bathtub , where it will be diluted but is such powerful medicine it works a holy wonder. I've done it before and no one notices there's no smell even and the rising hot tub heat means you get the fumes of the medicine into your system as well as it seeping into your naked skin all over. Wonderful!

Aged Urine Is Like Red Light Therapy, But Way Way More Powerful.

Well thats a bold statement. But no exaggeration. I love sunrise /sunset red light therapy, ever since I got into it in in May of 2019 I woke up at sunrise every day outside or windows open the red light bathing my naked skin. Its very powerful for sure, red light being to me the most important colour of the sun, hence the red light therapy machines we have nowadays, but to say Aged Urine is a notch above even

this form of concentrated sunlight is fair when you experience both of them. Sunrise Subset bathing your eyes and skin that one is a subtle shift up that gives us abundant energy depending how long of sunrise/sunset we stay out for, but just a few dips of a few weeks old aged urine, is a *major not so subtle shift in consciousness*. Interestingly, both red light therapy and aged urine work by similar mechanisms...

Aged Urine Is More Powerful A Healing Modality Than Sunlight Even. Aged Urine Is Jet Fuel For Your Mitochondria

As soon as this uber super structured fluid gets into the cells and the mitochondria which fuels the cell the Nano motor of the krebs cycle process ATP production gets enhanced and speed up *majorly* thus providing the sufficient fuel for the mitochondria to ramp up its ATP production and provide us with extreme amounts of energy. Its crazy until you experience it. *Jet fuel for the mitochondria*. And however you get Aged urine into your system matters not as all cells in and around where aged is applied get the good stuff, the fuel, and we'll talk about later how aged urine is *localized* and *systemic* medicine which you may find interesting. The Aged urine and red light therapy give the mitochondria oxygen for increased ATP production (the aged urine more so even) but also this kicks out nitric oxide from the mitochondria and into the blood circulatory vessell walls causing a *major dilation of your entire blood*